

Dr. Tony N. Nakhla
OC Skin Institute
Santa Ana, California

ASK DR. NAKHLA

WHAT MAKES YOUR PRACTICE DISTINCTIVE?

We combine the latest advancements in dermatology with a holistic approach to patient care. As a board-certified dermatologist, my practice offers prescription medication, surgical treatments and laser therapies. As an osteopathic physician, I also offer counseling on the benefits of living an overall healthy lifestyle through exercise, the use of high-powered antioxidants and the advantages of organic, wholesome nutrition for optimum health and beauty.

WHAT DO YOU TELL EVERY PATIENT?

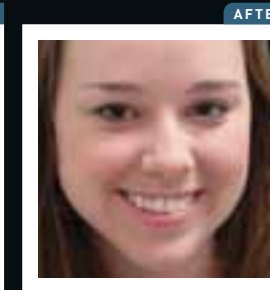
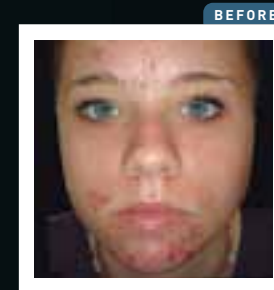
Healthy skin is beautiful skin. We counsel our patients on the synergy that exists between health and beauty. We instruct them on how to properly care for their skin through sun avoidance, proper skin hygiene and the benefits of an overall healthy lifestyle.

WHAT HAVE YOU LEARNED FROM YOUR PATIENTS?

The most important thing I have learned from my patients is their tremendous frustration with the overabundance of products, gadgets, gimmicks and false advertisements in the fields of skin care and cosmetic treatments. It is our goal to provide them with a true analysis based on proven treatments to fit their individual needs.

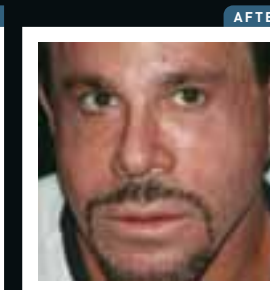
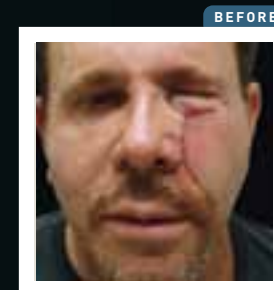
The laser anti-aging revolution

At OC Skin Institute, Dr. Tony Nakhla employs the latest in laser skin care technology. He is particularly impressed with the CO₂ fractionated laser, which is the key player in what he refers to as the "anti-aging revolution." "Laser skin resurfacing with fractional CO₂ is the latest breakthrough in noninvasive facial rejuvenation. Combined with injectable treatments such as Botox and fillers, as well as the right skin-care products, the results are tremendous, with minimal downtime and at a fraction of the cost of a complete facelift," Dr. Nakhla says. OC Skin Institute utilizes the power of lasers for a variety of treatments ranging from the removal of brown sunspots and blood vessels to the healing of acne, psoriasis and vitiligo. "We wanted to create an institution on the cutting edge of dermatology in regards to technology while remaining personable. Our staff is highly trained, equipment top notch and our facility is a true medical and surgical center upholding the highest standards."



BATTLING BLEMISHES

Plagued by repeated breakouts around her mouth, chin and forehead, the patient shown here wanted to reduce the redness and acne on her face. Dr. Nakhla prescribed a multifaceted treatment plan including an Isotretinoin retinoid treatment course and skin resurfacing. "She was thrilled with the results," Dr. Nakhla says. "Her complexion is impeccable and has remained completely clear."



MOHS SURGERY REVISION

"I came to you with reoccurring skin cancer from a botched Mohs surgery with another MD. The margins and the cancer were in a horrid position. They extended across my cheek and up the side of my nose. It has mystified my general practitioner how you were able to close the wound without a skin graft and minimize scarring into the natural folds of my face. It is now impossible to see any skin damage without the most intense inspection. Dr. Nakhla's work was beyond anything I could have expected. He saved my face!"

—Joel Rothschild; Procedure performed, Mohs skin cancer surgery

“a center of excellence in skin health and beauty”

MEET THE EXPERT

Dr. Tony N. Nakhla

American Osteopathic Board of Dermatology

SERVICES OFFERED

General Dermatology
Mohs Skin Cancer Surgery
Fractional CO₂ resurfacing
Juvéderm®, Radiesse®, Sculptra® and Botox®
Laser Hair Removal
Laser Acne Treatment
Laser Psoriasis Treatment
Hyperhidrosis Treatment
Spider Vein Treatment
Latisse®
Chemical Peels
Clinical Facial Treatments
Medical Grade Skin Care Products

ABOUT DR. NAKHLA

WHAT ALTERNATIVE OCCUPATION WOULD YOU CHOOSE?

I would be a lifestyle, fitness and nutritional counselor.

DO YOU PERFORM ANY PRO BONO WORK?

That is very important to me; I've traveled extensively to care for the underprivileged and starred in a reality television pilot (still in progress), *Medical Missions*, to document the mission trips to South America, the Middle East and Africa.



MEDICAL DEGREE
NOVA Southeastern University

LOCATION
Santa Ana, California

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To learn more about the practice visit
OCSkinInstitute.com