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the new anti-redness peel

MANDELIC ACID

Moderate acne and cystic acne; brown spots;

freckles; sun damage; rosacea

Less congestion, reduced redness and

The mandelic acid molecule is larger than

other AHAs (like glycolic and lactic acids),

can't get as deep into the skin, which means

treating discoloration issues, like melasma,

which has an upside and a downside. It

less dramatic results. A choice acid in

exfoliating and antibacterial properties.

mandelic acid also possesses mild

Virtually nothing

discoloration

03

It may sound contradictory that a chemical peel can actually alleviate chronic redness (since a side effect of the treatment is often reddened skin) but the in-office **Glytone by Enerpeel MA** is designed to do just that. Boasting a 40 percent concentration of mandelic acid, this in-office peel uses a patented carrier technology and a lower pH for optimal results. It can also be used to "spot-treat" certain areas of the face so that skin as a whole isn't exposed to the acid. *glytone-usa.com*

POLYHYDROXY ACID

Sensitive skin types

Milk sugar

04

Very minimal discomfort

Smoother skin and an overall healthier glow

Polyhydroxy acids, which include the antibiotic gluconolactone and lactobionic acid are comprised of larger molecules, resulting in a mild exfoliating effect on the skin. Part of the AHA family, polyhydroxy acids will react similar upon application, relative to the strength. Just like other AHAs, it boosts cell turnover and lightens and brightens the skin.



The essential guide to help you make the right choices. Turn to page 201.

CAN PEELS THIN THE SKIN?

THE EXPERTS DEBATE

SOME SAY THAT OVERDOING
CHEMICAL PEELS, ESPECIALLY
THOSE THAT CONTAIN GLYCOLIC
ACID, CAN THIN OUT THE SKIN
BUT NOT EVERYONE AGREES.

YES TOO MANY PEELS CAN BE DETRIMENTAL

Joy stands firmly on the belief that peeling agents, such as glycolic acid and those used in TCA peels, can thin back the skin. "It doesn't affect the underlying layers of the skin as much but doing too many peels too frequently, or when they aren't really necessary, can give you a waxy or overly shiny look."

NO THERE'S NO SUCH THING AS RUINING THE SKIN WITH PEELS

Dr. Nakhla takes the opposite stance and says you can't thin the skin with regular light peels. "You can do damage to the health of the skin if peels of any kind are abused, but the skin can't be made thinner than it is from regular peels. Actually, frequent glycolic acid peels promote collagen synthesis by increasing the volume of the skin. It only works on the outer layer of the skin so there's no breakdown in plumpness."

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